



# JOURNEY TO THE MOST EFFECTIVE WORKOUT ON EARTH BY SIGNING UP FOR THIS CLASS

3x/wk Mon, Wed, Fri @ 6am

\$200 members

\$220 non-members

\*sign up for 2 months @ \$300/\$320



New

## *Old Spice, New You* CONDITIONING CLASS with Robert Reed

Hello Workout Friend,  
Look at yourself,  
Now look at me.  
Now back to yourself,  
Now back to me.

Sadly, you wish you had more workouts with me, AND YOU COULD if you signed up for my Old Spice, New You Conditioning Class.



Mar 2nd - 30th AND/OR Apr 2nd - 30th

